

Home Cooking Skills

Level 1 & 2 BTEC (short course)



To reserve a place on this course please contact: T: 07719084493 E: office@utopiaproject.org.uk

Information

The BTEC Home Cooking Skills qualification aims to give learners the knowledge, skills and confidence to enjoy cooking meals at home. Learners will gain understanding of how to economise when planning meals to cook at home. The unit will encourage learners to transfer skills learnt to other recipes to continue cooking for themselves and their families and to inspire others by passing on their knowledge. Studying this qualification will help students to develop;

- ✓ the knowledge, understanding and confidence to cook meals at home
- ✓ an understanding of how to economise when planning a meal
- ✓ an ability to transfer skills learned to different recipes
- ✓ an ability to inspire others by transferring that knowledge
- ✓ skills for post 16 study, apprenticeships or employment within the hospitality and catering sector.



Utopia - Home Cooking Skills

BTEC Home Cooking Skills Learner Profile

- ✓ Pre-16 students who enjoy practical activities.
- ✓ Students who would benefit from developing independent living skills.
- ✓ Students with an interest in the catering industry.
- ✓ Kinaesthetic learners who are looking to develop and apply their knowledge and skills in new and practical contexts.



How students are assessed

- ✓ All assessments are carried out through practical tasks and coursework.
- ✓ Learner portfolio's include; practical cooking activities, discussions, observations and presentations.
- ✓ There is no external exam.

Learning outside the classroom

Students studying BTEC Home Cooking Skills at Utopia will have the opportunity to produce recipes that they enjoy eating and will use in their every day life. They will learn basic food hygiene and preparation skills and understand what is required to work effectively and safely in the kitchen environment. Students who complete the Level 1 qualification will have the opportunity to progress to Level 2 if they wish to do so.

Why study BTEC Home Cooking Skills?

- ✓ Develop independent living skills.
- ✓ Progress to further study in hospitality or catering as a post 16 option.
- ✓ Develop the knowledge and skills of a balanced diet and healthy lifestyle

